



Halifax River Yacht Club Junior Sailing Camp



Boys & Girls ages 9 – 16
Monday – Friday, 9 a.m. – 3:30 p.m.

BASIC INFORMATION & GUIDELINES

- Campers are divided into groups according to age and/or skill level.
- Student / Teacher ratio will not exceed 10:1.
- **Each student is required to pass a swimming test prior to being allowed to go out on a boat.** Swimming test is performed the first day of camp and will include ability to swim/tread water while putting on a life vest.
- Camp is instructional and follows daily lesson plans.
- Children are expected to pay attention, follow instructions at all times and not be disruptive.
- This is not baby-sitting. If your child misbehaves or fails to follow directions of instructors and counselors, he/she will be sent home and no refunds will be given.
- During inclement weather, classes will consist of rules of sailing, sailing strategies, etc.
- Lunch, beverages and afternoon snack will be provided.

Typical Daily Schedule Monday through Friday (Schedules change depending upon weather forecast.)

- 8:30-8:45 a.m. Arrival & check-in.
- 9 a.m. Roll call, instructions for the day, and classes begin, including time on the water
- 11:30 a.m.- 1:00 p.m. Lunch and break time - times will vary depending on weather
- 1 p.m. Instruction resumes
- 3:30 p.m. Pickup

What to bring: (please put name on all items)

- ✓ Swimsuit (Jr. sailor should be wearing swimsuit when dropped off)
- ✓ Towel
- ✓ Dry/wet bag with extra change of clothes
- ✓ Closed toe shoes appropriate for sailing – **WATER SHOES PREFERRED - NO Flip Flops**
- ✓ Sunscreen and lip protection
- ✓ Hat
- ✓ Sunglasses
- ✓ Personal Flotation Device (life vest.) with whistle - **bright colors preferred.** Marine safety whistle can be purchased separately if not included with life vest.

What **NOT** to bring:

- ✗ Food or drinks - all will be provided including beverages throughout the day
- ✗ Knives or eating utensils
- ✗ Band-aids or any first aid items
- ✗ Sailing books, digital devices of any kind (Cell phones may be brought to camp but **MUST** be left in backpack/bag during instruction. Cell phones being used during instruction in a non-emergency capacity will be confiscated and returned to the parent/guardian at pickup.)

Any questions contact Karen at 386-255-7459 or juniorsailing@hryc.com.

Registration and information are available at hryc.com/Sailing Camp.